



# SACRED HEART

## Chronicles

1st Edition  
May 2016

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### *From the Editor's Desk....*

Hello dear Parishioners!

So here we are, embarking on a new journey, with the very first issue of **SACRED HEART CHRONICLES**. My Editorial board and I are thrilled and we look forward to many more newsletters in the future.

This newsletter is **YOURS!** Yours to read, cherish and nurture. We look forward to your kind patronage as well as contributions and suggestions to make this endeavour of the **Parish Media Team** a sweet success. We intend **SACRED HEART CHRONICLES** to be a forum for all of you who wish to voice your opinions on issues that matter to **YOU**. May our endeavours be blest ... Happy reading!

*~Donna Dias*

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## The Feast of the Divine Mercy

The Feast of the Divine Mercy was celebrated on the 3<sup>rd</sup> of April, 2016 at the Church of the Sacred Heart of Jesus, Dharamtala, from 1pm till 4pm. It commenced with praise and worship, followed by Adoration of the Blessed Sacrament, a healing and deliverance service and the chanting of the Divine Mercy chaplet. It concluded with the solemn Eucharistic Celebration. Arrangements were made to make priests available for confession from 1pm till 3pm, encouraging the faithful to cleanse their hearts and souls and seek the mercy of the Merciful Father.

The Calcutta Catholic Charismatic Renewal Service (CCCRS), under the leadership of Fr. A.C. Jose, sdb, have sincerely and religiously done everything in their power to make the celebrations fervent and spiritually powerful.



Once again, the Novena was well attended. A meaningful and beautiful liturgy was organised for each of the Novena days. Numerous graces and blessings have been received year after year during these services.

On the feast day, the church was packed to its capacity. Faithful from different parts of the city flocked in big numbers to be a part of the celebrations. The Eucharistic celebration was presided over by His Grace, Archbishop

Thomas D'Souza and concelebrated by Fr. Soosai Manickam, Fr. Gnana Peppin,

Fr. Peter Duriaraj and Fr. Carlos MC. At the end of the service, the Archbishop released a beautiful souvenir called "**Healing and Deliverance Retreat**".

Fr. Soosai Manickam thanked His Grace for selecting the Church of the Sacred Heart of Jesus, Dharamtala as the venue to initiate the Year of Mercy.

The message of the Divine Mercy is simple. It is that God loves us all. He wants us to recognise that His mercy is greater than our sins. So that we will call upon His Holy name with trust and receive His mercy, which will in turn flow from us to others. Thus, all will come to share his joy.

**-Donna Dias**

## The Voice of the Pastor...

Dear Parishioners,

I am quite delighted to welcome our newly formed **Parish Media Team** headed by Donna and Michelle. They are already in full swing on their job of publishing our Parish Newsletter christened as "**Sacred Heart Chronicles**". This team has already taken some training and initiation from our Archdiocesan Commission for Social Communications and will continue to work under the able guidance of this body. This same Parish Media Team will also be forming our Parish Cell for social Communications. I would earnestly request all our Parishioners, particularly our **Youth** and all those **budding journalists** among us, to regularly write columns for this Newsletter of ours.

We are in the joyous Season of Easter and are now about to receive a fresh outpouring of the Holy Spirit on all of us on the occasion of the Feast of the Pentecost on 15<sup>th</sup> of May, 2016. This is to be preceded by a **Solemn Novena to the Holy Spirit** starting from the 6<sup>th</sup> of May, 2016. It is my earnest desire that each and every member of our parish community joins this Novena at all costs. Because, today more than ever before, our Parish Community and the people around us need to be enlivened and refreshed by the Spirit of the Risen Lord, especially in the context of our new venture to prepare a meaningful and practical **Pastoral Plan** for our Parish, which would indeed be a SMART one and would steer all the activities of our parish for the next five years and on. May the Spirit of Christ descend upon all of us in a fresh manner and help us truly in this Endeavour.

Fr. Soosai Manickam

## UPCOMING EVENTS

### MAY

#### •Novena to the Holy Spirit

6th-14th May, 2016

5:45pm— Rosary      6:30pm—Holy Mass

#### •Feast of the Pentecost

14th May, 2016 (Night Vigil)

9:00pm— Novena Prayers, rosary

10:00PM—Solemn Vigil Mass

15th May, 2016

4:30 a.m -Pentecost Day Holy Mass

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### JUNE

#### •Novena to the Sacred Heart of Jesus

17th June-25th June, 2016

Preached by Fr. Ignatius Kumar, CSSR

#### •Feast of the Sacred Heart of Jesus

26th June, 2016

# CONGRATULATIONS!!!

*Hearty  
congratulations  
to all those students  
who appeared for  
their ICSE and ISC  
examinations this  
year and secured  
great percentages.  
You have made us  
proud!*

*Keep up the good  
work!*

## POPE FRANCIS' EIGHT WAYS TO LIVE

### A MERCIFUL LIFE



1. **Dare to Really Care:** Look beneath another person's surface needs and feel what the person is going through.
2. **Don't Judge:** Let God be the Judge of what happens. You are called to offer mercy and help.
3. **Avoid Gossip:** Merciful people refrain from gossip.
4. **Refuse to Retaliate:** Merciful people don't hold a grudge, or try to even the score.
5. **Don't Turn Away:** We must be willing to stand against the temptation to walk away and beside the other person.
6. **Cultivate Little Kindnesses:** Allowing another car to merge into your lane, calling a grieving friend, checking on an elderly neighbour, etc.
7. **Accept Mercy From Others:** When you allow others to be merciful to you, you give them the opportunity to reach outside of themselves.
8. **Pray For Mercy:** Pray for family members, friends, co-workers.

## ... Memories...

### SHYC.... How it all began.

It all began in 1974. Two seminarians— Bro Hansel D'Souza and Bro Reginald Fernandes were appointed to start a Youth Movement in our Parish under the Lt. Rev. Monsignor Eric Barber. With the help of Christine Bowers, Deborah Dias, Cecelia Rebello, Carol Dias and Michael Fernandes, they landed up in my house and I agreed to join them.

We organised jam sessions, get togethers and invited our people to come shake a leg. It was a huge success! This was followed up with a few more dance sessions and we were all "hooked"! Thus was born the Sacred Heart Youth Club, THE SHYC. Our activities included Badminton every evening after mass till 9pm. Jam sessions, dances and regular house evenings. We became famous and attracted young people from other parishes to join us.

We had the run of the church, the parish Hall (now a diagnostic Centre), the shed hall, presbytery and the "dining hall" ... we were indulged in and encouraged by all parish priests— Monsignor Eric Barber, Fr. Stephen Fernandes, Fr. Hansel D'Souza, Fr. Mohandas... what wonderful days they were... (to be continued)

~Carlisle Murray

## KITCHEN DIARIES

### SAUSAGE STEW

-Ann Dias



#### Ingredients:

- 1kg chicken/pork sausages (halved)
- 250gm onions
- 10pc cloves
- 200ml refined oil
- 1tsp Garam masala
- 1cup water
- 200gm diced carrots
- 200gm beans roughly chopped
- 200 gm diced potatoes
- Salt and Pepper
- Corn flour (optional)



#### Method:

- In a pan, heat some oil and water together, add the sausages and bring to a boil till the water evaporates and the oil is left. Stir frequently.
- Transfer sausages to a bowl. Add onions, cardamom and cloves to the pan with oil and cook till the onions are golden brown.
- Add the vegetables and stir. Add salt and pepper to taste.
- When vegetables are half cooked, add water according to one's liking. (more broth or less).
- Add sausages and cook till done.

## CREATIVITY UNFOLDED

### Beauty of a thousand colors

-Divyant Bharwada

Beauty of a thousand colors  
Making the day bright with feeling.  
The large spectrum like no others  
Keeps my heart fighting and reeling.

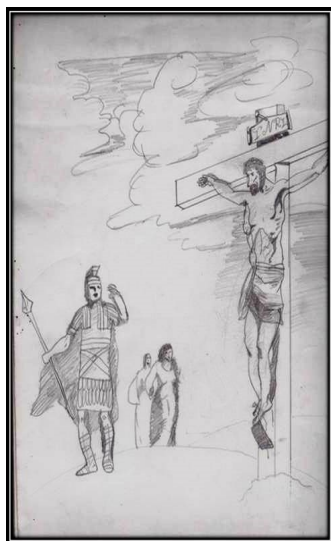
A face of one ,out of a thousand,  
Makes mine feel purpose.  
And just like the colors, the face is in a spectrum  
of feelings,  
That just can't be purchased.

But, if so, where do I find that currency?  
Is it found in these feelings of uncertainty?  
The feeling makes due; makes sure,  
To refer to the beauty of a thousand colors.

A thousand colors stifled by the feelings of doubt.  
A thousand colors silenced by the fear to shout.  
A thousand colors dreaming; a thousand colors  
bright.  
Oh color let me! I might, I might.

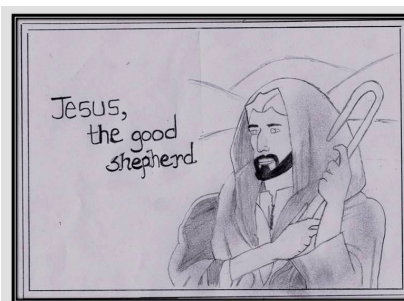
So I get towards the end, so red, so warm.  
I find myself at the beginning, so blue, so cold.  
This is a feeling without any form.  
These colors represent a hope untold.

I try to find a single color. Oh one wonders!  
Now I find myself lost  
In the beauty of a thousand thoughts.

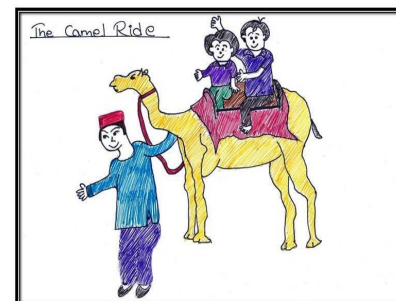


"FOR OUR SINS"

Eugene Dias



Robert Rodrigues



Sheetal Rosia



## HAPPY BIRTHDAY

### May

Sneha Shaw	1
Derrick Dhanraj Anthony	5
Gabriel Lee	7
Stephen John Paul	8
Srishti Sengupta	10
Carmel D'Souza	12
Kevin Chang	13
Michael Chen	14
Caroline Ross	21
Lorna(Nigli) Gupta	23
Caroline D'Rozario	23
Josephine Teresa Mitra	28
Arbind Kerketta	29
Kevin Chiu	30
Amrita Barla	30
Aaron Thomas	31

### June

Nigel B. David	1
Joy Thomas	1
Craig D'Abreo	1
Conrad Ross	2
Marian Sharma	2
Peter Gomes	2
Melvyn Paul	5
Rita Lee	14
James Gomes	14
Michelle Teresa Shah	17
Stephen Madeira	21
Nidhi Cherian	25
Ryan Francis	27
Daisy Mendes	29

### July

Anupriya Das	2
Lawrence Kerketta	4
Alison D'Abreo	6
Elizabeth Das	8
Brian Gomes	10
Juliana War	13
Jessica Clare D'Costa	14
Rita Christina James	14
Maria Sequeira	15
Sheila Sonker	15
Anushka J. Das	19
Danielle D'Abreo	21
Babita Edmonds	24
Brenda Carneiro	27

## The Month that Was...

### ALTAR SERVERS' ELECTIONS

On the 10th of April, 2016, there was an Altar Servers Meeting held, in which the new Office Bearers were elected. The old office bearers were thanked for their generous hard work and constant help and guidance, while the new office bearers were welcomed wholeheartedly. The new Office Bearers for d the year 2016-17 are:-

**PRESIDENT: Anupriya Das**  
**VICE-PRESIDENT: Eugene Dias**  
**SECRETARY: Rahul Rao**  
**TREASURER: Rowena D'Souza**

Fr. Peppin initiated the new office bearers to their respective offices by making known to them their responsibilities and the expectations that all parishners have from them with regard to their faith and the practice of it. He reiterated his trust and faith in them and their capabilities and assured them the full support of the parish and the other Altar servers in their endeavours. Fr. Peppin reached out to the generosity of the other servers and requested them all to support the Office Bearers as they carry out their responsibilities to the best of their capabilities. The meeting ended with a prayer calling on the Holy Spirit followed by a get together of all the Altar servers.

~Sheetal Rosia

### LAUGH TILL YOU DROP !!



Mother, "How was school today, Patrick?"

Patrick, "It was really great mum! Today we made explosives!"

Mother, "Ooh, they do very fancy stuff with you these days. And what will you do at school tomorrow?"

Patrick, "What school?"

man asks a farmer near a field, "Sorry sir, would you mind if I crossed your field instead of going around it? You see, I have to catch the 4:23 train."

The farmer says, "Sure, go right ahead. And if my bull sees you, you'll even catch the 4:11 one."

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**Mortal:** What is a million years like to you?

**God:** Like one second.

**Mortal:** What is a million dollars like to you?

**God:** Like one penny.

**Mortal:** Can I have a penny?

**God:** Just a second.

A

I have discovered the secret to a clean house: never let your children or husband enter it.



We invite our parishioners to avail of space in the SACRED HEART CHRONICLESS to publish their company and business advertisements. For information on the rates and other details contact the Editorial Board.

### EDITORIAL BOARD

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Send in your articles, art work, poems and recipes to

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